It would be great to change the world.

Before you begin writing, think about what you could do to make the world a better place.

Now inform the reader what you could do to make the world a better place to live.

Brainstorming

build a park	volunteer	build animal shelter	build orphanage
animal area	nursing home	warm beds	dining area
playground	shelters	trails	playroom
picnic area	schools	food	bedrooms

1: **open a gym**

To begin with, 2: **weight lifting**

Continuing on, 2: **aerobics classes**

In short, 1: **open a gym**

★1 adverb
★1 wow word
★1 figurative language *(simile, hyperbole, imagery, idiom)*
　　　　　-or use a words that spark-

Essay

Imagine for a moment a city with few places to work out. People are overweight and sluggish as their bodies are unhealthy. I would like to make the world a better place to live by opening a gym in my hometown. It would allow people to do weight lifting and aerobics. Opening a gym would allow me to make people's lives healthier.

To begin with, weight lifting is great for making bodies stronger. I would build a state-of-the-art weight room in the gym. Notably, the human body has many different muscles. There are different types of equipment to target specific muscles. I would have weight lifting machines available that work all of the muscles in the body. Last week I went to the gym with my father. He demonstrated how to use a weight lifting machine that works the calf muscles. After about fifteen minutes on the machine, my legs became very tired, so I took a rest. To my surprise, the next day I could hardly walk because my muscles were so sore. **Lifting weights is a great way to make muscles strong.**

Next, I would have aerobic classes available at the gym. There would be rooms equipped with surround sound so that the students could hear the music as they followed the instructor's direction. Each instructor would be given a wireless microphone so that everyone could easily hear the moves. Once, I took a step aerobics class. It looked easy, but was I in for a shock. Unfortunately, I had a hard time keeping up with the instructor. He called out distinctive moves at the pace of a cheetah. After a few weeks in the class it became easier. I also lost five pounds in the first three weeks. **Aerobics is a great way to lose weight and stay healthy.**

In short, I could make the world a better place by opening a gym. I would offer weight lifting and aerobics. Gyms give people the opportunity to make their lives healthier and world happier.